

MY 2020
TIME CAPSULE

BY





**YOU ARE LIVING THROUGH
HISTORY RIGHT NOW!
TAKE A MOMENT TO FILL IN
THESE PAGES FOR YOUR FUTURE
SELF TO LOOK BACK ON.**

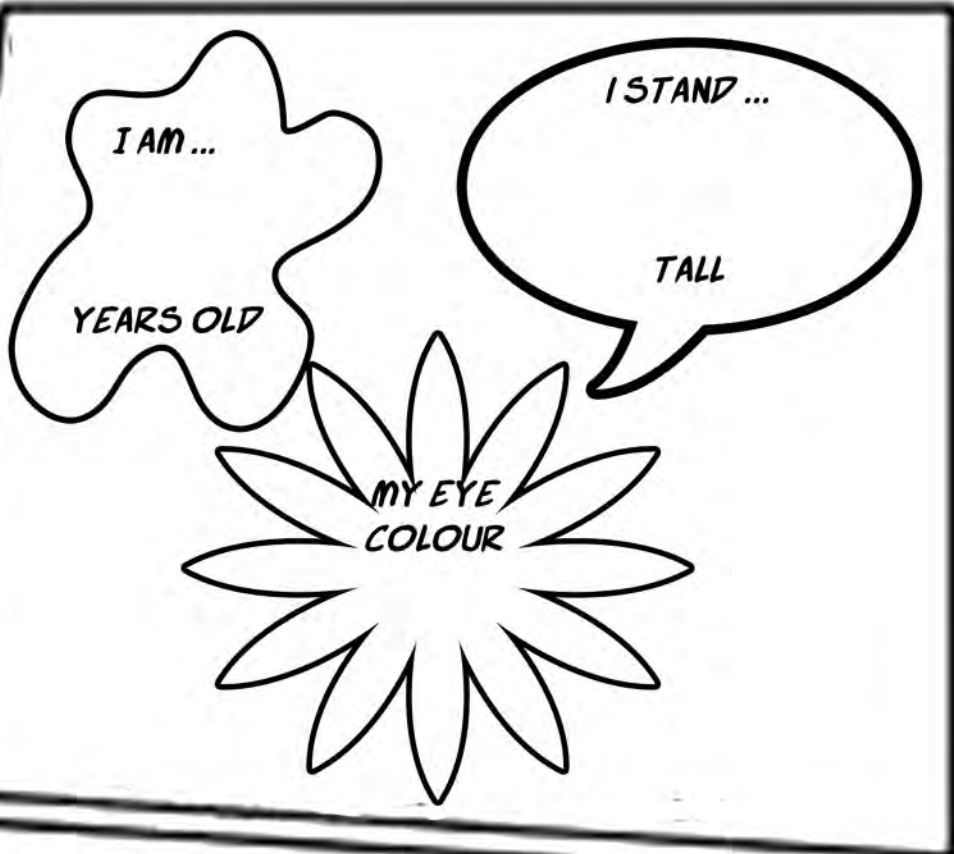
DRAW A PICTURE OF THE PEOPLE YOU ARE SOCIAL DISTANCING WITH HERE 

**YOU COULD ALSO
INCLUDE:**

**SOME
PHOTOS
FROM
THIS TIME**

**A JOURNAL OR DIARY
OF YOUR DAYS**

**SPECIAL
MEMORIES**



MY FAVOURITE...

TOY

MOVIE

COLOUR

BOOK

ANIMAL

PLACE

FOOD

SONG

MY BEST FRIENDS ARE...

WHEN I GROW UP, I WANT TO...





THE THREE THINGS I AM MOST EXCITED TO DO WHEN THIS IS OVER ..

1

2

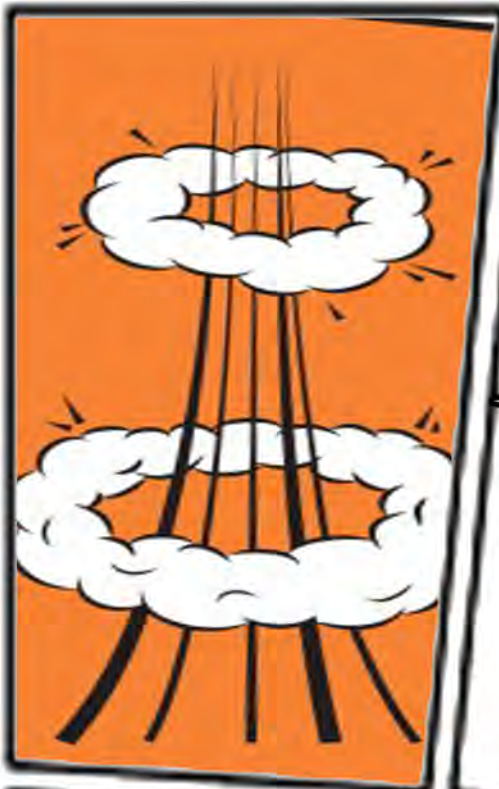
3



HOW MY FACE LOOKS

A row of five circular emotion icons. From left to right: a red circle with a sad face, an orange circle with a sad face, a yellow circle with a neutral face, a light green circle with a happy face, and a dark green circle with a happy face.

WHAT I AM MOST THANKFUL FOR...



DRAW YOUR HOME HERE...

**WHAT CAN YOU
SEE FROM
YOUR WINDOW?**

**HOW ARE YOU
CONNECTING WITH OTHERS?**

**WHAT'S YOUR
FAVOURITE PART OF
GOING OUT FOR
EXERCISE?**



**WHAT ARE
YOU DOING TO
KEEP BUSY AT
HOME?**

SPECIAL OCCASIONS

**WHAT OCCASIONS HAVE YOU CELEBRATED
DURING THIS TIME? HOW DID YOU CELEBRATE?**

An empty rectangular box with a black border, located in the top-left corner of the page.A large empty rectangular box with a black border, occupying the top-right and middle sections of the page.A large empty rectangular box with a black border, occupying the middle section of the page.An empty rectangular box with a black border, located in the bottom-left corner of the page.An empty rectangular box with a black border, located in the bottom-middle section of the page.An empty rectangular box with a black border, located in the bottom-right corner of the page.

**HOW ARE YOU FINDING
HOME SCHOOLING?**

INTERVIEW THE GROWN UPS!

YOUR TOP THREE MOMENTS FROM THIS EXPERIENCE

1

2

3

**WHAT IS YOUR
NEW FAVOURITE
FAMILY ACTIVITY?**

**WHAT HAS BEEN THE
BIGGEST CHANGE?**

**WHAT IS YOUR GOAL
AFTER THIS?**

A LETTER TO MYSELF

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DEAR

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FROM.....

A LETTER FROM THE GROWN UPS

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DEAR

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FROM.....